

time to change

let's end mental health discrimination

Local Hubs Information Session

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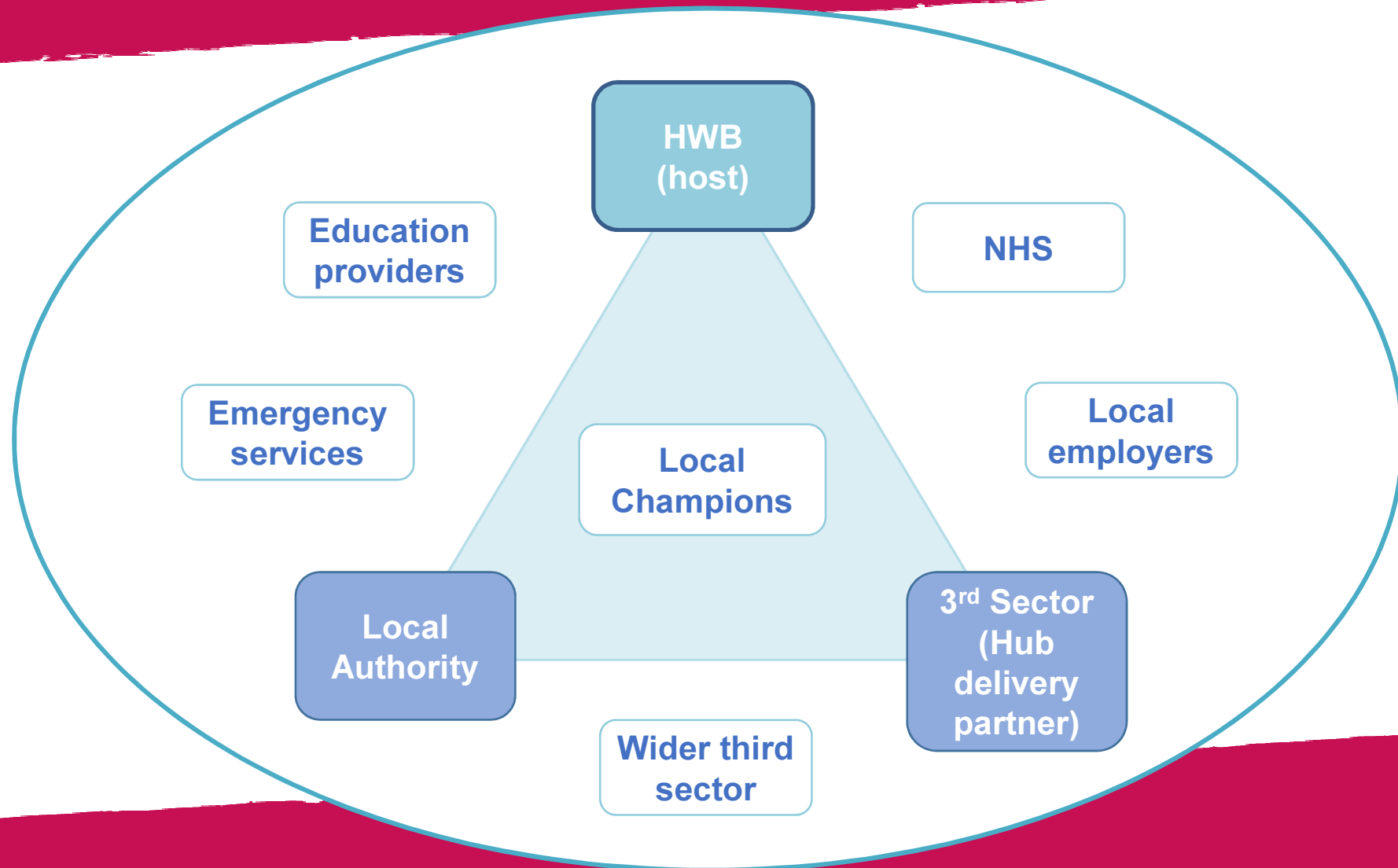


Who we are

We are Time to Change, a growing movement of people changing how we all think and act about mental health problems.

That's why we support people to make it easier to open up to mental health problems; to talk and to listen.

What is a Local Hub?



What do Local Hubs do?

Bring together all elements of
Time to Change in one, focused
area

Work with key partners to embed
MH in local strategies

Core principles for Hubs

- All 'core' partners sign the Employers Pledge
- Representative of the local community
- Lived experience leadership is central
- Social contact remains a core tool
- An Action Plan is produced
- WMHD and Time to Talk Day are focal points
- Activity is evaluated and reported

The Offer For Successful Hub Applicants

- £13,000 Coordinators Fee + £2000.00 for Champions expenses
- £10, 000 Champions Fund
- Free training package from Time To Change Team
- Access to all branding and training materials including personalized Hub logo
- Support from a Regional Community Equalities Coordinator

Organic Hubs

- No direct funding from TTC
- Retain access to;
 - Time to Change resources
 - Hubs peer-peer support network
 - Shared training where possible
- **'Independent' Local Hubs forming spontaneously**

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Thank you

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